

Category	Position	Men's Winners	Club	Time	Overall Position	Women's Winners	Club	Time	Overall Position
Senior	1	Sasha Chepelin	Carnethy	23:22	1	Amy Frankland	Lasswade	29:34	22
	2	Ali Masson	Carnethy	24:16	2	Morag McClelland	HBT	30:45	28
	3	Tom Martyn	HBT	24:19	3	Rozy Shephard	Carnethy	33:25	41
V40	1	Dan Gay	HBT	27:58	13	Sula Gay	HBT	29:38	23
	2	Gav Smith	HBT	28:59	18	Cat Magill	HBT	31:15	31
	3	David Fulton	HBT	29:41	24	Sadie Kemp	Penicuik Harriers	40:25	67
V50	1	Donald Naylor	HBT	25:45	8	Shena Turnbull	Norham RC	41:08	69
	2	Rob Wilson	Penicuik Harriers	32:53	39	Sandra Rathjon	HBT	44:32	78
	3	Mike Jones	Norham RC	33:59	45	n/a	n/a	n/a	n/a
V60	1	Tim McCall	Norham RC	31:53	32	Sheila Strain	HBT	56:23	81
	2	David Duncan	Ochil HR	37:31	59	n/a	n/a	n/a	n/a
	3	Brian Smith	Fife AC	38:20	61	n/a	n/a	n/a	n/a
V70	1	Brian Howie	Carnethy	40:15	65	n/a	n/a	n/a	n/a
	2	Eric Stevenson	EAC	43:22	77	n/a	n/a	n/a	n/a
	3	Hugh McPherson	Tinto HR	49:37	79	n/a	n/a	n/a	n/a
Junior (16-20)	1	Angus Wright	Team East Lothian	25:09	6	n/a	n/a	n/a	n/a
Students	1	Gregor Malcolm	EUHH	25:58	9	Anna Macfadyen	EUHH	33:57	44